



## Kihon Happa and Ganseki Nage

*One day Takamatsu Sensei was speaking to me about Kihon Happa.*

*"When I was taught Gyokko Ryu Koshijutsu Kihon Gata, they were in this basic or fundamental form — the eight methods. I was told that this Kihon Happa is the origin of all Budo. So, I also say to you earnestly; you, too, make this the basis and teach it to your students."*

*This Kihon Happa we speak of is so crucial for those striving to grasp true actual combat fighting techniques that it may be said that not knowing this one should not even talk. Giving your to, or killing the fighting technique, also hinges upon the movement of the fundamental eight methods. Perhaps this can be called the origin of the technique vital energy.*

*"Ganseki Nage — throwing a big rock—" Masaaki Hatsumi*

*"It can be said that the method of "Ganseki Nage" is the foundation of throwing. With this "big rock throw", as it has a thousand variations and countless permutations, and varies in uncountable ways, one should go on training in it thoroughly."*



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COMMUNICATION  
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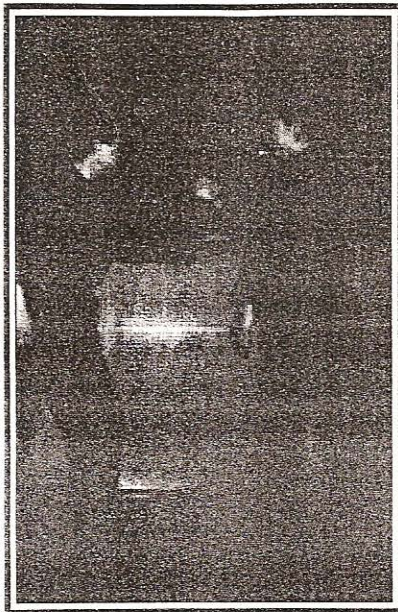
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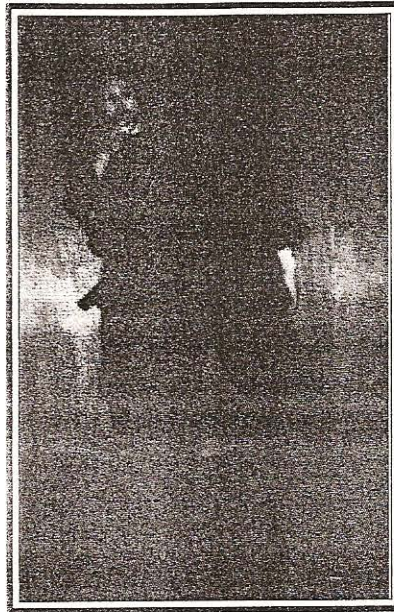


**A.**  
*Nagato san's opponent reaches out and grasps his right sleeve between the wrist and the elbow*



**B.**  
*Nagato steps back with the right foot using his weight shift to pull the opponent's arm to him in an extended manner*

Please pay good attention to the postures of Nagato Shihan in all of the photos. They demonstrate his excellent balance and body control.



**C.**  
*A second view of the movement as Nagato steps back and forces the extension of the opponent's arm.*

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## MUSO TORI

### THE FOURTH WAY

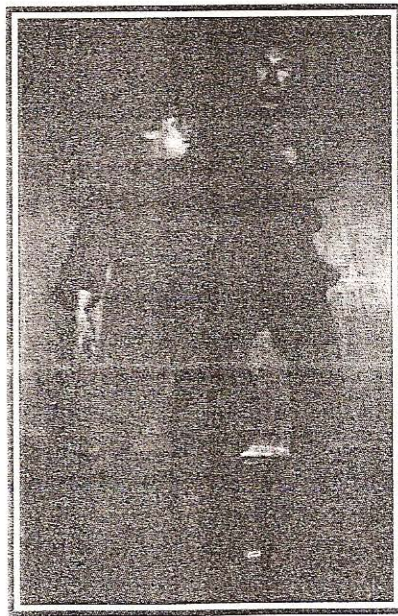
**D.**  
*The left hand is rolled into the arm pit as Nagato san reaches outside the opponent's arm. (Musō Tori)*

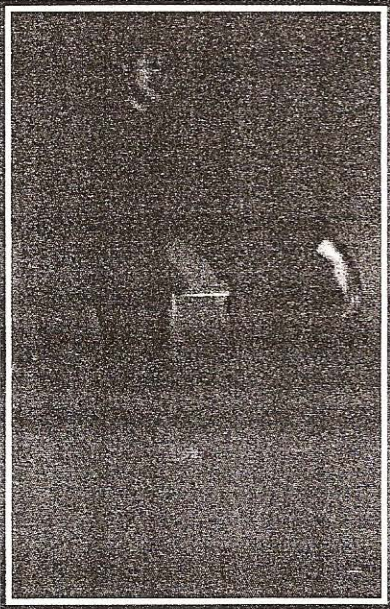


**D.**  
*Nagato begins to draw his right hand to his chest with opponent's arm still in a capture position.*

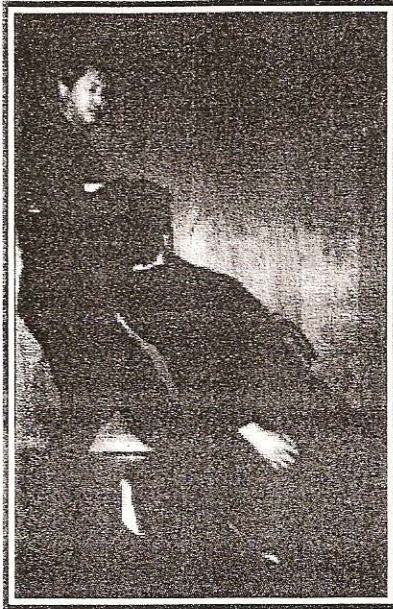


**E.**  
*Now he adds his to complete the capture and hold on the opponent's arm.*

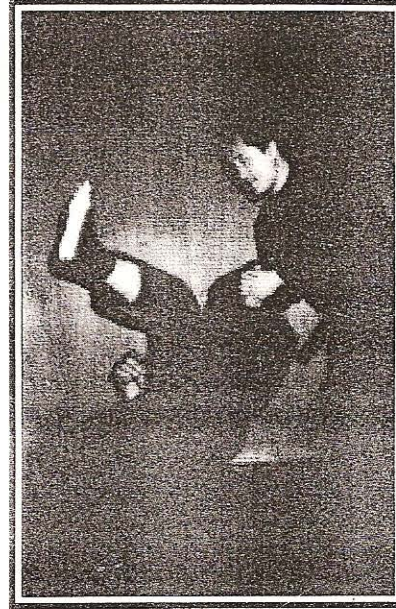




**E.**  
*Keeping weight on left foot Nagato uses opponent to maintain balance and prepares to deliver a heel kick at the rear of the opponent's right knee.*



**F.**  
*Break down the opponent's leg with the kick to the rear of his right knee.*



**G.**  
*Nagato san now steps back on the right foot and throws the opponent with udegime. It is important to do muso tori with the entire body, not just the arms. Use arms, legs, upper arms and lower body. If you hurt opponent with muso tori you must practice more.*

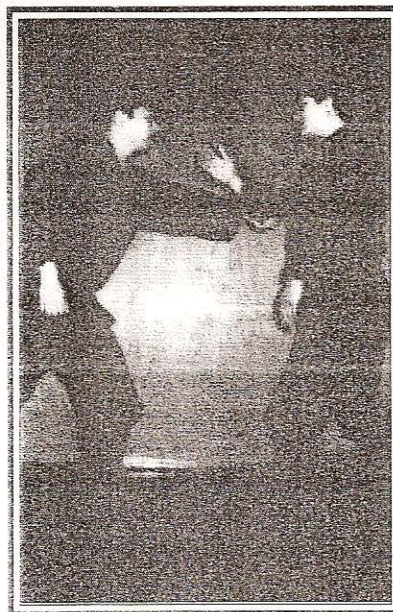
## MUSHA DORI

### THE FIFTH WAY

**A.**  
*Opponent grasps Nagato san's sleeve with his left hand.*



**B.**  
*Nagato san responds by moving his right foot to the right rear and pulling opponent's hand back with his body.*



**C.**  
*Placing right hand under opponent's left hand Nagato san rolls up his left hand.*





D.  
The same as previous picture seen from the other side.

#### FIFTH WAY - CONTINUED

E.  
Nagato san now applies the left hand and drops back onto left knee. This is *gyakura doshi*. NOTE: This can be changed to *ganseki nage* by position of the body. You do not have to be particular with the name.



*I think now you can see the Kihon happo, the techniques and variations are valuable when you are armed. I would like to add that you can rely on the movements of your feet as in Kihon happo at this time.*

## VIDEO 1992

### *Bujinkan Video News*

Three new videotape releases from Hatsumi Sensei and Bujinkan International.

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¥4800 shipping included

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## TAI KAI 1992

As you can see from the Tai Kai schedule that follows Hatsumi Sensei has been keeping up an exhausting pace for the entire year.

His travels have taken him, his wife Mariko and a staff of Shidoshis to the far corners of the world as he carries his art and it's message from Japan to places of widely different cultures.

Please realize how unusual it is for the Master of an ancient Japanese tradition to take himself to the students.

Yes, Tetzusan, the steel mountain, reverses the usual and goes out to those who wish to follow his teachings rather than bid them to come to him.

It may not always be so.

Sieze these opportunities to see, meet and train with the 34th Grandmaster of Ninjutsu.

Excellent venues through the end of the year are within reach of most parts of the world so everyone may reach a training site without traveling great distances.

### TAI KAI 1992

February	14•15•16	Israel
March	20•21•22	Spain, Canary Islands
April	17•18•19•20	Australia, Adelaide
May	1•2•3	Spain, Tormolinos
June	19•20•21•22	USA, Atlanta
July	10•11•12	Luxumborg
August		England, London
September		Sweden, Malmö
October		USA, Hawaii
November		Spain, Barcelona

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